

## **Angela MacFayden Shares her Real Nappy Secret!**



I have two children, Jessica is 4 in June and Julian is one in June and I have used Real Nappies with both my children; so most of Julian's nappies have been used before for Jess.

I chose Real Nappies for my children mainly for environmental reasons but the potential cost savings also influenced my decision.

I think that the best thing about Real Nappies is not having to constantly buy nappies, that and you can use them on more than one child.

I've not encountered many problems with using Real Nappies, except perhaps getting them small enough, as both of my babies were premature.

I am a volunteer with Leicestershire Real Nappy network and that involves being the holder of the local Real Nappy lending kits, doing Real Nappy demonstrations and organising nappy displays.

I got involved with the Leicestershire Real Nappy Network after been invited to join and I like it because it means I can tell other parents all about Real Nappies, and dispel the myths that are out there.

The most rewarding thing for me about promoting Real Nappies is when parents go on to successfully use them and then come back for more.

The Real Nappy secret that I would like to share with other parents is that you can get second hand nappies online through various forums and even free on Freecycle groups but I also have a warning: Real Nappies may become addictive...you have been warned!